

# Maine Pre-Degree Program in Medicine

Hosted by:

The goal is to help young Maine students see a pathway from their early aspirations to their career of interest. Many student participants will be past Future of Maine Scholarship recipients from rural Maine communities. This opportunity is also open to elementary school students willing to take the initiative and make the effort, and who are recommended by their teacher. Each year students will have the opportunity to learn more about their career of interest and to receive recognition from the host college. In general, they will earn one level recognition each year. Students will have three mentors — one mentor from their school (the school mentor), one local person in the profession (the career mentor), and one mentor from the host college. The program will include study, local interviewing, local research, and papers addressing local issues and national issues. The program will be challenging, but more importantly, it will be engaging and will help the student understand the career to which he or she aspires. And, it is hoped that the student will develop a relationship with and understanding of the educational and career opportunities at the host college.

## Level 1 Recognition

1. **Human Anatomy.** Learn the 50 parts of the body by going to the diagram linked [here](#), print the diagram, and when you have memorized all the parts of the body, see your in-school mentor to take the anatomy examination. Your mentor will submit your results to the college.
2. **Professional interview.** Interview your professional mentor about his or her career. You may ask any questions you wish, but be sure to include the following: The professional's background, education, and experience. A typical day. What does the person like best and least about their work? What qualities and values are needed to be successful and happy in this work? What skills and knowledge should you develop today to be successful in this career? What academic education should you pursue to be successful in this career? What is the best advice they can offer to anyone who wants to pursue this career or any career? Write a 400 - 650 word report summarizing your interview and what you learned.
3. **The career.** Research and write a 400 - 650 word report on 10 different kinds of medical professionals.

## Level 2 Recognition

1. Research and write a 400 - 650 word report on five of the most common or critical medical issues in your community.
2. Research and write a 400 - 650 word report on the five most commonly prescribed medications in your community.

## Level 3 Recognition

1. Choose one of the five most urgent medical issues in your community and develop a plan to address that problem. Write a 400 - 650 word report on your plan, what you hope to achieve, and what challenges you anticipate.

## Level 4 Recognition

1. Attend a class at a college on a subject related to the critical issue you identified in Level 3. Write a 500 - 650 word report on what was discussed in this class, what you learned, and how you felt about the class experience.

#### **Level 5 Recognition**

1. Implement a community-based plan to address the health problem you identified in Level 3. Write a 500 - 650 word report on what you did, what successes you had, and what challenges you confronted.

#### **Level 6 Recognition**

1. Design a plan to address the health problem (identified in Level 3) at the national level. Write a 600+ word report on your plan, what you hope to achieve, and what challenges you anticipate.

#### **Level 7 Recognition**

1. Design a plan to address the health problem (identified in Level 3) at the global level. Write a 600+ word report on your plan, what you hope to achieve, and what challenges you anticipate.

Each of these reports should be signed and submitted to the host college by the student and the student's three mentors.

More questions? Contact Bob Stuart at Maine College Circle, [bstuart@mainecollegecircle.org](mailto:bstuart@mainecollegecircle.org)